

October 16, 2005

Who is Abby?

Abigail Verna Glaser was a bright, charming little girl who grew up in Overland Park, KS. Loved by her parents and adored by her extended family, she easily won the hearts of all who knew her. Her zest for life and her gregarious personality made her an immediate best friend to so many children. She loved many things--dancing, gymnastics, school, and going to the zoo, to name a few. Most of all, she loved her little brother Sam, and her little sisters Olivia and Grace.

On July 31, 2001, at the age of 5, Abby died suddenly from what was later discovered to be viral myocarditis. Viral myocarditis is a disease caused by certain viruses which attack and weaken the heart muscle. Other than flu-like symptoms immediately preceding her death, there were no outward signs that anything was wrong. Naturally, her death has left all of us grief-stricken and heartbroken.

OUR PURPOSE

With Abby's death came many questions about its cause and prevention. We contacted Baylor University's Dr. Jeffrey Towbin, a Pediatric Cardiologist dedicated to studying sudden cardiac death and viral myocarditis in children. Having learned that viral myocarditis is a common cause of sudden death in children, we established The Abby Glaser Children's Heart Fund to support research in this group of diseases. Family and friends have been graciously contributing to Abby's fund over the past four years. Last year, our fundraising efforts were again greatly enhanced as we hosted our 2nd annual Abby's Run For The Heart. With over 1,500 participants and 400 volunteers, this event proved to be a huge success bringing the Funds' total to over \$225,000. This year, we look forward to continued success as we host the 3rd Annual Abby's Run For The Heart.

We thank you for your interest in supporting this very important cause and for helping to save the lives of other children.

Max & Lori Glaser Abby's Dad & Mom

Abigail Verna Glaser

May 13, 1996 - July 31, 2001



Dear Abby,

Each day as we continue to mourn your loss we try to imagine what life would be like if you were here with us. We will always remember the joy you gave us during your short time here and the thrill we had of watching you grow and learn. You taught us how to love life and to get the most out of each day.

Now, you guide us to help other children as we learn more about this disease and fight to prevent it. Our memory of you gives us the strength and courage to continue in our efforts.

We will be forever grateful for your inspiration and your love.

Love, Mom and Dad

What is Myocarditis & Sudden Death?

Myocarditis (myo=muscle; card=heart; itis=inflammation), or heart muscle inflammation, is usually caused by a viral infection that attacks the heart. This disease is characterized by enlargement of the heart and poor function (i.e., the heart contracts badly), leading to heart failure. In some affected persons, sudden death occurs. Myocarditis causes death in 30-70% of children, depending on their age (worst in younger children less than 1 year of age). In others, heart transplantation is needed. In the remainder of children, improvement or normalization is seen.

Diagnosis and treatment of myocarditis has been slow to develop. Using scientific methods, the diagnostic approaches are now being developed and this will allow specific treatments to be invented, leading to better care and survival.

For more information, please visit our website at www.abbysrun.com where you can find links to various resources.







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We give a great deal of thanks and appreciation to those involved with all of the hard work that comes with raising these funds for research into preventing sudden cardiac death in children.

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Commited to making a difference in our community!



ALYSSA ANN CALAWAY

January 25, 1994 - September 12, 2002



September again. Children gather for a fresh year at school. But not Alyssa. Never again. September 12, 2002, claimed Alyssa's last day on earth. That day brought a diagnosis of viral myocarditis. Doctors pronounced that her heart had stopped.

But Alyssa had another heart. The heart that didn't die. The heart that will live on.

With a personality that lit up a room, a cheerfulness that drove away gloominess.... she had a way of loving that radiated a tender warmth that was not snuffed out on that harsh day in September. That heart shines on.

There are sometimes cold days for us, her family, now that she's gone. We are homesick – that longing feeling of missing the familiar – to see little Lys dance, or hear her laugh, or hold her close.

But God reminds us. Her heart beats on. Eternally.

Sweet Alyssa, we hear your heart.

Love Always and Forever, Mom, Dad, Stephen and Emma

www.alyssashike.org



Medtronic is a proud sponsor of the 3rd Annual Abby's Run For The Heart.

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Laura Ann Glotzbach



Laura was born on May 29, 1990. She was our second-born child following our son Michael. Laura died from sudden cardiac death on May 22, 1994, one week before her fourth birthday. We were shocked, since Laura was a healthy and vibrant child.

Laura was a child that was full of life. She enjoyed singing and listening to music. She liked to fall asleep at night listening to music from her Fisher Price tape recorder. Laura enjoyed working jigsaw puzzles and would sit patiently putting all the pieces into the right place until the puzzle was finished. She was also affectionate. She would lift her arms straight up and say "hold me, hold me" hoping to be scooped up into our arms.

Laura would be 15 years old and a sophmore in high school if she were still alive. We miss her and wish that she were still here and a part of our lives. We love you Laura.

Bill and Ann Glotzbach, and Michael October 2005 - Overland Park, Kansas

We love you Laura.

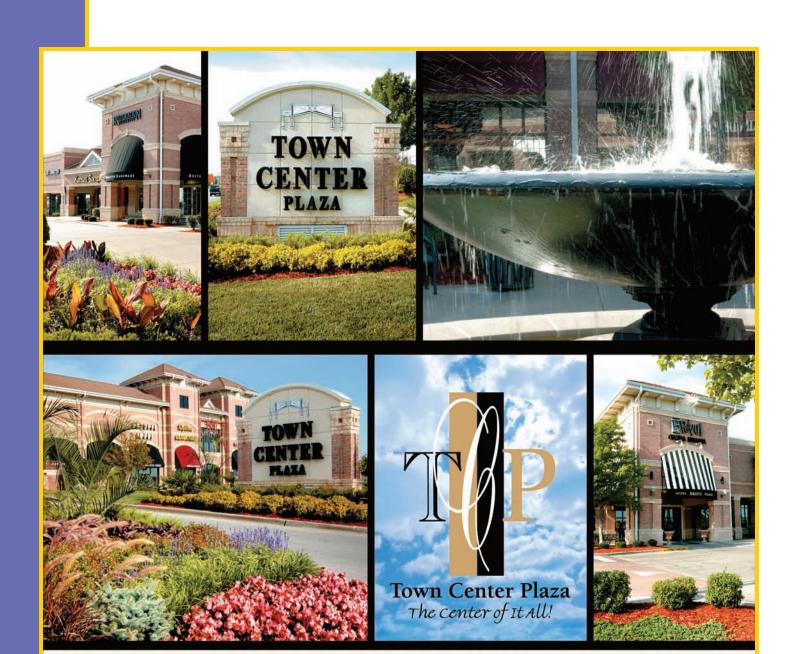
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In Loving Memory OF Dennis Craig Boresow

August 31, 1961 - May 31, 2003



In everything you did in life, your heart was kind and true.
And when we needed someone, we could always count on you.
The special years will not return when we were all together.
But with the love within our hearts,

YOU WILL WALK WITH US FOREVER.

Your loving family

Precious Chila

By Karen Taylor-Good

In my dreams you are alive and well Precious child, precious child In my mind, I see you clear as bell Precious child, precious child.

In my soul, there is a hole That can never be filled But in my heart, there is hope 'Cause you are with me still.

In my heart, you live on Always there, never gone. Precious child, you left too soon Tho' it may be true that we're apart You will live forever in my heart.

God knows I want to hold you, See you, touch you And maybe there's a heaven And someday I will again Please know you are not forgotten until then.



Amanda Lauren McPherson

June 17, 1995 - December 12, 2003

"A golden heart stopped beating, hard working hands at rest" Always Do Your Best!

Amanda was the happiest, sweetest girl you could ever know. She loved her family and her friends. She played soccer, softball and was a proud member of Brownie Troop #94. She loved Sponge Bob and The PowerPuff Girls and loved to read books and color. But most of all, Amanda loved to give hugs. It was her way to greet just about everyone she met. We miss doing all of these things with her, but we miss her hugs the most. We have learned the very important lessons of enjoying life to the fullest, sharing our love and hugs with others and always doing our best! Amanda taught us so much in such a short period of time. We have dedicated ourselves to her memory by "Doing Good Things"



In Amanda's Name" through the Amanda McPherson Foundation.

Amanda was born with a genetic birth defect, Velo-Cardio-Facial Syndrome, which included a heart defect, Tetralogy of Fallot. She endured several heart surgeries, and years of physical and occupational therapy to learn to walk and talk. Throughout her years of therapy, she never complained instead she shared her love and hugs with all those who helped her. Most people never knew of Amanda's early struggles and only commented on how sweet she was. Finally, she was just a regular little 8 year old! That was until her heart just stopped after what we thought was a virus of some sort! One fluke of nature gave her a difficult life and another fluke of nature cut her life short. Finding Abby's web site after we learned about Viral Myocarditis was extremely helpful. It helped us deal with our loss and learn that we could help others by supporting Dr. Towbin and his efforts. This tribute page gives us a wonderful way to remember those we have lost and share our loss with those who understand. Thank you for this opportunity! Sending an Amanda-style hug to everyone!

With Love From Amanda's Family and Friends











The Physicians of Neurology Consultants, Chartered



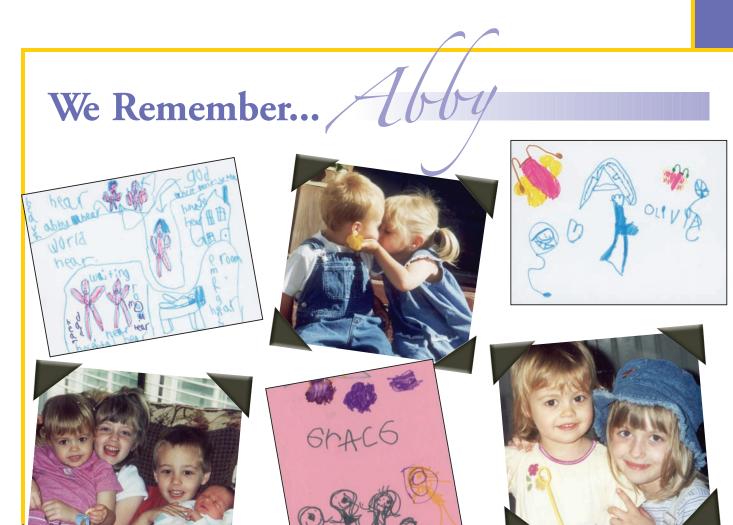
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Sam, Olivia and Grace

We Remember... Abby

I remember when we had the whole family over to our house and I got out the "dirt bike" for some fun. Abby was so excited and very much wanted a ride. However, her mom was less than enthused about the idea and said no. But Abby was very persistent...so, I took her around to the front of the house, put a helmet on her head and she hopped right on the bike like she'd done it a million times before. We rode around back to show everyone and we all had a good laugh. Abby loved it and had a great time!

Uncle Mark Boresow

I remember "Halloween" with the Glaser family. We would often get a phone call telling us that trick or treaters were on the way...regardless of the date. One time, Abby came over dressed as Madeline, Sam as a pumpkin, & Olivia was a baby (which worked out great since she really was!). We handed out treats, told a "scary" story and the kids had a blast. Abby knew it wasn't really Halloween that day but played right along like it was – knowing she was going to be getting candy now AND later!

Aunt Julie Boresow

I remember for Abby's 5th birthday I bought her several presents...one was a Barbie doll. When Abby opened it she said "Aunt Susie, I already have that Barbie". In fear that I thought she would cry, I told her not to worry and that I would take it right back to the store and get her another one. Surprisingly, Abby turned to me and said, "No, they'll just be twins". I remember we played all afternoon.

Aunt Susie Boresow

I remember having pretend tea parties in the swimming pool with Abby. I also remember when we would play beauty salon and brush my mommy's hair and cover it with barrettes.

Cousin Allison Boresow

I remember (and will never forget) the first and only time I witnessed an "Abby tantrum". Abby was 4 years old and was sent to her room for misbehaving. A few minutes later we heard a loud crash, so Lori and I ran upstairs. In a matter of a minute, Abby had thrown everything out of her closet and dresser, her books were off the shelves and her toys were everywhere - it was a complete disaster! We both just





looked at Abby in utter amazement and slowly backed out of the room. Of course, once we closed the door – we had a good laugh.

Uncle Bobby Boresow

I remember having private tea parties with Abby at the bottom of their basement stairs. I also remember playing Ring-Around-The-Rosie at Mima's house with Abby and her other Aunts. Each time we would all fall down, Abby would say "again". And we would all do it again and again and again.

Aunt Stephanie Boresow

I remember Abby always chasing after her big cousin Brett. She totally idolized him and he would have nothing to do with her. Brett would try to hide, but Abby would always find him. Also, Abby and her cousin Nathan went to preschool together and that was special because we got to see her a lot.

Uncle Mike Boresow

I remember our special "Abby and Mima Days". Abby loved to cook and would come over already wearing her own apron that she had made. We'd bake cookies and cup cakes together and had so much fun icing them and decorating them with lots and lots and lots of sprinkles!

Mima Boresow

I remember many times when Abby would come over to our house to play. She would end up in the back yard playing in our "rock garden" because she said we had fancy rocks. She loved the way some of them sparkled and would pick them up and line them out on the bench. She always sneaked one home with her, too. A day doesn't go buy that I don't think of Abby.

Papa Boresow

We remember when Abby was a flower girl in our wedding. She was so excited and practiced so hard...she knew she would be the star of the show. She had some serious concerns, however, that her little brother Sam, a ring bearer, would somehow cause a disruption. Right before we walked down the aisle, we heard Abby tell him that this was her big day and not to ruin it! And as Sam ran (and I mean ran) down the aisle, Abby just took her own sweet time and slowly dropped each rose petal to the ground. We will never forget her big smile and how beautiful she looked that day.

Aunt Becky and Uncle Tim Reardon

I remember the talent shows that Abby used to put on for everyone and all of the many songs that she used to sing. She always demanded a grand entrance and always received huge applause! I will

We Remember...

Abby

always remember our sweet little Abba-chunk.

Aunt Sarah Mondry

I remember how beautiful Abby looked when she was the flower girl in our wedding. She took her job very seriously, as we learned she had been practicing her role 6 months before we were even engaged!

Uncle Russ Mondry

I remember always sneaking Abby chocolates and cookies. She would always put her finger up to her lips and be the first one to say "Shh, don't tell mommy!" And of all the nieces and nephews, Abby was the only one who wouldn't tell on me!

Aunt Amy Prendiville

I remember when the Glaser's came to visit us in Charlottesville, Virginia. Abby was especially excited because she was told they were going to the beach and she had never seen the beach before. Unfortunately, it was early spring and the local beaches were closed and the nearest "real" beach was 3 hours away. So we spent the next 4 days trying to come up with a plan B for Abby's sake and really had no such luck. One day we drove up into the mountains for a change of scenery - the fog up there was unbelievably thick - you could barely see your hands in front of you. So, to make our adventure more exciting for Abby (since it was ALWAYS about Abby) we made a big deal about going hiking up in the mountains...we took a walk and came upon a golf course, much to our surprise. As luck would have it, we walked right into a giant sand trap and Abby yelled out "we found the beach!" Needless to say, the trip was then a huge success.

Aunt Jennifer Burns

I remember Abby hugs, they were the best.

Cousin Elizabeth Boresow

We remember how Abby and Zachary seemed to always disappear when playing together. At Uncle Jerry's 4th of July parties, Lori and



continued

I was constantly searching for them as they wandered through the tree farm and around the property. We will always remember the sound of Abby's laughter...it continues to bring us warm smiles.

Uncle Larry and Aunt Alecia Boresow

I remember always making special visits to play with Abby. She loved to play dress-us and pretend to be other characters. I think she was Madeline for 2 years! She took her role to heart and even wore a band aid to cover the "pretend" appendix scar that her daddy drew on her belly. I would always tease her and call her Miss Clavel or Pepito and she would very sternly inform me that she was without a doubt Madeline! She would pretend to be so upset that I called her the wrong name, but always kept coming back for more.

Uncle Danny Boresow

I remember how Abby used to get so jealous when her mom and dad would kiss. She didn't like it all and would often throw the biggest fits you would ever see. It was so funny to watch her react like this. You couldn't help but laugh at her, which of course, infuriated her even more. Lori eventually came up with "the magic shield" theory that would block out and take away any kiss that wasn't from Abby.

Uncle Danny Boresow

I remember my cousin Abby as my "little shadow". She wanted to do everything I did and would imitate things I would say and wanted to wear clothes that I was wearing. I remember when I would come over and play (which was a lot), I would walk in the door and Abby would scream "Emily" and jump on me into a tight hug. I would have to pry her off as we would laugh. I'll never forget Abby's sparkling blue eyes. I'll never forget my innocent, precious cousin, Abby.

Cousin Emily Boresow

I remember when Abby was admiring her cousin Leah's ability to do a summersault. Abby was so excited to learn how to do one, Leah very patiently taught her. Of course, the first 18 attempts at the summersault were more humorous to watch, as each time we would clap to encourage her to do more. It was so adorable.

Uncle Steve Boresow

I remember how Abby was so into Madeline. She loved to read about her, dress up like her and pretend to be her. When I was very

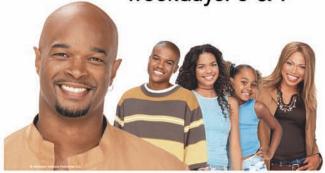


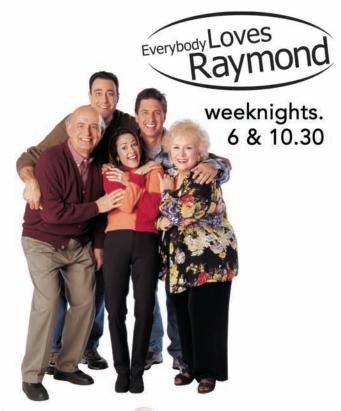
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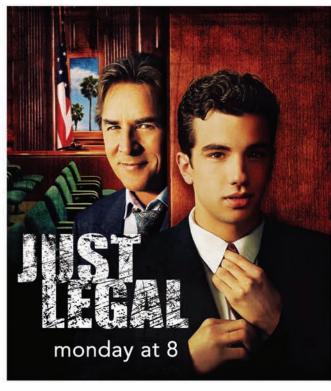
WATCH. LAUGH. REPEAT.

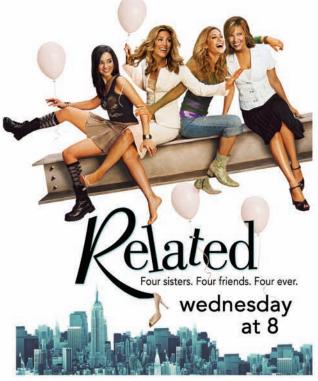
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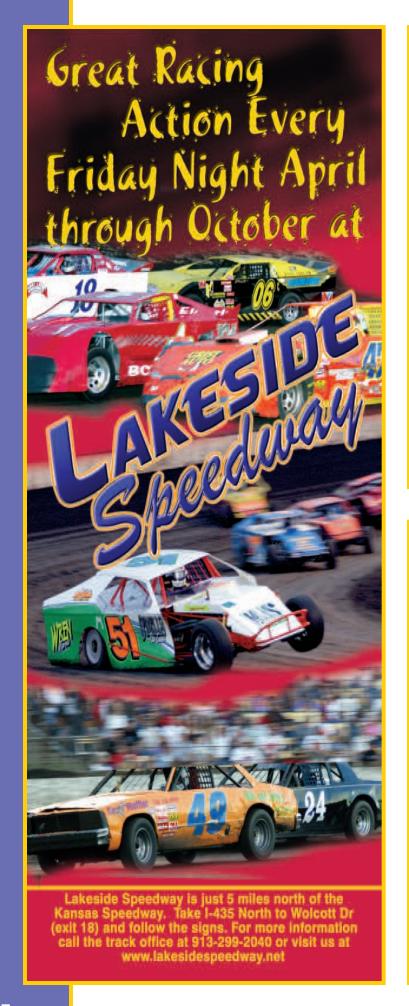
Amy Marie Lizzi

Life seemed perfect for Amy. She was living in sunny California and loving it, had a full time interesting job with great people, went to night school to get her degree, was happy, blossoming and that summer of 1988 would be planning her wedding. Amy was 22 years and 1 day old that April 15th when she died of viral mycarditis. When they first told us we had never every heard of it, even had trouble pronouncing it. Then, seventeen years later there is a 5K run to raise money for research. All the doctors we talked to then told us this would happen some day but seventeen years ago they just shook their heads and said it was so rare. Amy had, and has a family that loves her, a sister, Beth, who was not only her identical twin but her best friend. Amy knew she was loved, she knew we were proud of her, she knew



we missed her and she missed us back. Our world as we knew it changed forever that April but through the years we have kept her always close in our hearts. We talk of her, refer to her and often tell stories of her only now we smile more.

Written by Amy's Mom, Mary Carlstedt





We're proud to support

Abby's Run for the Heart.

Good luck to all participants.

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Congratulations to the runners and walkers of the Kansas City community.

From our family to yours, we support your efforts for Abby's Run For The Heart.

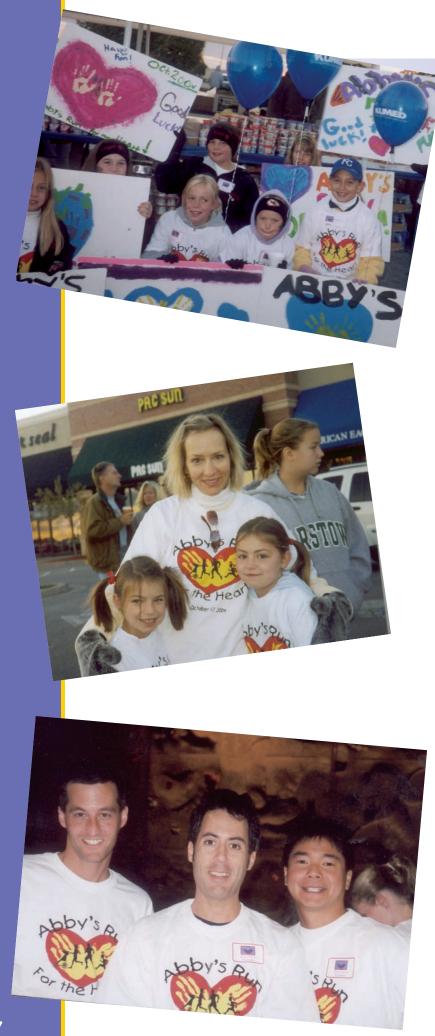
Harvey and Beverly Bodker

JAMES CARTER GRACE

August 1, 1996-June 25, 2000



Carter was a very happy, healthy, active little boy. He loved playing with his brothers and friends, being outside, and searching for bugs. Carter died suddenly and very unexpectedly. The cause of his death was later found to be viral myocarditis. With the help and support of family and friends, a foundation has been started in his name. "Carter's Gift From the Heart" is working to place AED's (defibrillators) in schools. Defibrillation must occur within minutes after cardiac arrest to increase the chance of survival. We hope that because of Carter's short life others experiencing sudden cardiac arrest may have a second chance.



2004

"My family volunteered with Abby's Run this year and it was one of the most rewarding experiences we have ever had. To see such a cooperative effort from hundreds of people was truly amazing. What a great event!"

Amy Haulmark

"This was so fun! I got a blue ribbon because I am so fast at running. Next year, I'll be even faster at running because I'll be bigger. I like Abby's Run a lot!"

Brent Shinkle, age 4

"The food was great and the goody bags were awesome! You guys made Abby's Run a great experience for people of all ages. I'll be back next year — with my whole family!"

Fred Leong

"Every year this event is such a great tribute to your daughter and to all of the heart patients who benefit so much from the money raised. You are inspiring."

Sharon Keller

Acc Recap

"What a great run... so well organized and put together... and, for such a great cause. What a beautiful tribute to Abby."

Scott Lasker

"Thank you for the experience of seeing how a family can take such great tragedy and turn it into something so positive and inspiring."

Beth Johnson

"As a corporate sponsor, we are proud to be a part of this incredible community event."

Syd Stevens,
Midwest Nephrology
Consultants

- 1,500 Runners
- 400 Volunteers
- over 300 individual donors
- \$75,000 raised

Thank You!









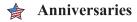


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